

A REPORT ON AWARENESS UNIVERSITY CAMPAIGN ON HIV/AIDS AND DRUGS ABUSE

Date: 25th November 2025

venue: Hall B4, Nongrim Hills.

Organised by: Pay for Right Football Academy

In collaboration with the Meghalaya AIDS Control Society.

The programme began with a welcome address by Sir Namphyrnai, a faculty member and Red Ribbon Coordinator, who highlighted the importance of spreading awareness among young people.

The resource person for the event was Miss Larinia from the Meghalaya AIDS Control Society. She delivered an informative talk on HIV/AIDS, explaining the current situation in the state. She shared that more than 10,000 people in Meghalaya are living with HIV, including over 500 children. She also mentioned that Meghalaya ranks first in the country for STI cases and fifth for HIV cases. During her session, she explained the meaning of HIV and AIDS, the modes of transmission, prevention strategies, the importance of early testing and treatment, and the stigma and discrimination often faced by people living with HIV. Her talk helped students understand the seriousness of the issue and the importance of adopting safe sex practices.

Miss Larinia also addressed the topic of drug abuse. She explained the types of drugs commonly misused, the harmful effects on health and career, and the psychological impact of addiction. She also discussed how students can avoid peer pressure and shared information about rehabilitation and support services available in the state. Her session encouraged students to make responsible decisions and stay away from harmful substances.

An interactive session followed, where participants asked questions and shared their views. The interaction helped clear doubts, reduced fear and stigma related to HIV, and strengthened the participants' understanding of both topics. Students gained valuable knowledge about prevention, responsible behaviour, and the dangers of drug abuse. The programme also encouraged the normalisation of sex education and the importance of using protection, as well as the need for partners to get tested before engaging in sexual relationships.

Overall, the Awareness Campaign was highly informative and beneficial for all who attended. More than 100 students and faculty members participated in the programme, showing great interest in learning and advocating for a healthier future. The event successfully spread important messages on health, safety, and responsible behaviour. The programme concluded with light refreshments with the help of volunteers served to all attendees, creating a positive and friendly closing environment.















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